

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2012 Page 1 of 13

Region: X Total Number of Provinces/Cities: 14 Year/Period of Measurement: 2018
 Total No. of Provs./Cities with OPT Plus Results: 13 Indigenous Groups (if any): Manobo, Talaanding, Higa-onon, Subanen
 Total No. Province: 5 City: 9 Number of Indigenous PS measured: 0-59 mos old- 62171 0-71 mos. old- 39561

Please check: ☒ **Normal Weight for Age** ☐ **Normal Length/Height for Age** ☐ **Normal Weight for Length/Height**

	Total Number of Children																	Total Normal Measured
Province/City	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
BUKIDNON	176523	123369	69.9%	6098	5972	5676	5478	11446	10889	11992	11427	12330	11694	12312	11677	0	0	116991
CAGAYAN DE ORO CITY	119314	78295	65.6%	3010	3085	3174	3016	6862	6457	5956	5723	6738	6216	6974	6694	6561	6387	76853
CAMIGUIN	14771	9918	67.1%	354	337	333	288	755	733	814	708	920	798	853	903	765	636	9197
EL SALVADOR CITY	8463	5228	61.8%	220	243	184	189	450	433	515	492	545	489	588	546	0	0	4894
GINGOOG CITY	21633	15820	73.1%	557	567	608	600	1311	1328	1297	1369	1431	1306	1447	1388	1005	968	15182
ILIGAN	59270	46405	78.3%	2097	2360	2325	2367	3443	3470	3939	3714	3950	3481	3463	3620	3494	3238	44961
LANAO DEL NORTE	117075	65563	56.0%	2667	2599	3164	3153	5597	5453	5872	5769	6010	6121	6451	6261	0	0	59117
MALAYBALAY CITY	29425	17946	61.0%	844	873	753	667	1843	1738	1832	1674	1815	1618	1592	1591	96	97	17033
MISAMIS OCCIDENTAL	52898	25773	48.7%	851	874	1035	999	2351	2232	2650	2503	2805	2797	2750	2615	0	0	24462
MISAMIS ORIENTAL	127430	74743	58.7%	3559	3357	3089	2943	6907	6608	7373	6752	7724	7049	8069	7662	0	0	71092
OZAMIZ CITY	25578	11810	46.2%	479	505	577	524	1191	1042	1201	1182	1154	1154	1260	1127	0	0	11396
TANGUB CITY	11310	6116	54.1%	292	281	246	270	587	559	636	542	659	583	691	558	3	5	5912
VALENCIA CITY	33234	23722	71.4%	1114	962	1056	1025	2425	2258	2564	2444	2513	2355	2481	2323	1	0	23521
TOTAL	796924	504708	63.3%	22142	22015	22220	21519	45168	43200	46641	44299	48594	45661	48931	46965	11925	11331	480611

Prepared by: Arlie Joy O. Damiles
 Name and Signature of D/CNPC/Nutritionist/PNAO

Approved: NPC Gladys Mae S. Fernandez
 Name and Signature of Provincial Health Officer

Noted: Dir. Nimfa B. Torrizo
 Name and Signature of Governor/ PNC Chair

Date: March 27, 2019

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 Total No. Province: 5 City: 9 Number of Indigenous PS measured: 0-59 mos old- 62171 0-71 mos. old- 39561

Please check:

☐ Normal Weight for Age



Normal Length/Height for Age

☐ Normal Weight for Length/Height

Total Number of Children																			Total Normal Measured
Province/City	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months			
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)		
BUKIDNON	176523	123369	69.9%	4891	4805	4816	4761	9699	9730	10537	10078	10772	10387	10954	9753	0	0	101183	
CAGAYAN DE ORO CITY	119314	78295	65.6%	2912	2887	3098	3007	6690	6297	5789	5612	6630	6105	6845	6588	6463	6304	75227	
CAMIGUIN	14771	9918	67.1%	330	307	318	288	584	653	723	637	859	728	754	802	761	781	8525	
EL SALVADOR CITY	8463	5228	61.8%	204	229	167	173	418	400	479	465	525	458	553	543	0	0	4614	
GINGOOG CITY	21633	15820	73.1%	544	544	579	572	1218	1237	1196	1262	1308	1244	1331	1293	929	918	14175	
ILIGAN	59270	46405	78.3%	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
LANAO DEL NORTE	117075	65563	56.0%		1155	1581	1633	2623	2565	2975	2773	3063	2881	3105	2756	0	0	27110	
MALAYBALAY CITY	29425	17946	61.0%	755	780	679	603	1646	1581	1658	1531	1670	1514	1466	1458	98	95	15534	
MISAMIS OCCIDENTAL	52898	25773	48.7%	912	703	1024	947	2145	1882	2497	2393	2684	2607	2625	2540	0	0	22959	
MISAMIS ORIENTAL	127430	74743	58.7%	3302	3096	2781	2707	6254	6137	6792	6228	7124	6543	7526	7138	0	0	65628	
OZAMIZ CITY	25578	11810	46.2%	464	488	567	512	1153	1006	1158	1159	1126	1109	1233	1106	0	0	11081	
TANGUB CITY	11310	6116	54.1%	238	237	197	224	476	453	510	426	539	493	588	474	2	5	4862	
VALENCIA CITY	33234	23722	71.4%	1062	925	1026	996	2332	2193	2510	2378	2460	2303	2423	2267	1	0	22876	
TOTAL	796924	504708	63.3%	15614	16156	16833	16423	35238	34134	36824	34942	38760	36372	39403	36718	8254	8103	373774	

Prepared by: Arlie Joy O. Damiles
 Name and Signature of D/CNPC/Nutritionist/PNAO

Approved: NPC Gladys Mae S. Fernandez
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 Name and Signature of Governor/ PNC Chair

Date: March 27, 2019

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Region: X Total Number of Provinces/Cities: 14 Year/Period of Measurement: 2018
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 Total No. Province: 5 City: 9 Number of Indigenous PS measured: 0-59 mos old- 62171 0-71 mos. old- 39561

Please check:

☐ Normal Weight for Age

☐ Normal Length/Height for Age



Normal Weight for Length/Height

	Total Number of Children																	Total Normal Measured
Province/City	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
BUKIDNON	176523	123369	69.9%	5302	5269	5396	5135	11152	10534	11837	11304	12166	11457	12355	11881	0	0	113788
CAGAYAN DE ORO CITY	119314	78295	65.6%	2994	2926	3157	3065	6815	6418	5932	5709	6714	6220	6966	6692	6538	6423	76569
CAMIGUIN	14771	9918	67.1%	338	322	346	304	687	808	787	703	917	742	782	877	824	746	9183
EL SALVADOR CITY	8463	5228	61.8%	203	216	169	174	416	396	488	466	536	490	549	534	0	0	4637
GINGOOG CITY	21633	15820	73.1%	544	544	608	596	1322	1351	1317	1400	1461	1343	1471	1402	1003	913	15275
ILIGAN	59270	46405	78.3%	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LANAO DEL NORTE	117075	65563	56.0%	1167	1118	1612	1584	2768	2664	3078	2857	2812	3117	2997	2631	0	0	28405
MALAYBALAY CITY	29425	17946	61.0%	729	763	706	641	1765	1685	1777	1632	1788	1614	1562	1581	95	92	16430
MISAMIS OCCIDENTAL	52898	25773	48.7%	839	722	1092	1003	2396	2227	2671	2650	2605	2880	2787	2742	0	0	24614
MISAMIS ORIENTAL	127430	74743	58.7%	3341	3190	3002	2855	6805	6510	7298	6739	7720	7117	8136	7732	0	0	70445
OZAMIZ CITY	25578	11810	46.2%	469	492	572	519	1189	1050	1216	1208	1176	1186	1274	1161	0	0	11512
TANGUB CITY	11310	6116	54.1%	236	217	225	247	549	509	594	514	644	557	659	543	3	5	5502
VALENCIA CITY	33234	23722	71.4%	1015	893	1003	992	2281	2140	2417	2329	2388	2271	2407	2258	1	0	22395
TOTAL	796924	504708	63.3%	17177	16672	17888	17115	38145	36292	39412	37511	40927	38994	41945	40034	8464	8179	398755

Prepared by: Arlie Joy O. Damiles
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 Name and Signature of Governor/ PNC Chair

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

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Region: X Total Number of Provinces/Cities: 14 Year/Period of Measurement: 2018
 Total No. of Provs./Cities with OPT Plus Results: 13 Indigenous Groups (if any): Manobo, Talaanding, Higa-onon, Subanen
 Total No. Province: 5 City: 9 Number of Indigenous PS measured: 0-59 mos old- 62171 0-71 mos. old- 39561

Please check: ☒ **Underweight Weight for Age** ☐ **Stunted Length/Height for Age** ☐ **Wasted Weight for Length/Height**

	Total Number of Children																	Total UW Measured
Province/City	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
BUKIDNON	176523	123369	69.9%	55	42	113	76	427	370	534	429	602	520	638	651	0	0	4457
CAGAYAN DE ORO CITY	119314	78295	65.6%	28	21	40	28	78	55	91	58	85	95	97	88	115	106	985
CAMIGUIN	14771	9918	67.1%	4	1	11	6	34	23	40	31	45	55	49	57	50	51	457
EL SALVADOR CITY	8463	5228	61.8%	3	2	3	1	15	13	31	16	23	31	16	29	0	0	183
GINGOOG CITY	21633	15820	73.1%	5	3	12	9	42	54	51	51	55	43	42	44	37	22	470
ILIGAN	59270	46405	78.3%	27	22	49	33	92	99	79	76	94	81	78	71	79	50	930
LANAO DEL NORTE	117075	65563	56.0%	81	54	210	202	393	313	457	437	468	432	482	457	0	0	3986
MALAYBALAY CITY	29425	17946	61.0%	18	8	38	13	80	65	83	68	95	85	66	77	6	3	705
MISAMIS OCCIDENTAL	52898	25773	48.7%	19	9	22	18	80	80	96	97	102	110	135	105	0	0	873
MISAMIS ORIENTAL	127430	74743	58.7%	26	21	72	45	224	175	272	242	304	288	358	328	0	0	2355
OZAMIZ CITY	25578	11810	46.2%	1	0	8	3	18	20	33	44	45	49	45	48	0	0	314
TANGUB CITY	11310	6116	54.1%	2	0	6	4	15	5	15	16	26	22	21	16	0	0	148
VALENCIA CITY	33234	23722	71.4%	1	2	6	7	27	29	22	21	18	17	5	5	0	0	160
TOTAL	796924	504708	63.3%	270	185	590	445	1525	1301	1804	1586	1962	1828	2032	1976	287	232	16023

Prepared by: Arlie Joy O. Damiles
 Name and Signature of D/CNPC/Nutritionist/PNAO

Approved: NPC Gladys Mae S. Fernandez
 Name and Signature of Provincial Health Officer

Noted: Dir. Nimfa B. Torrizo
 Name and Signature of Governor/ PNC Chair

Date: March 27, 2019

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2012 Page 5 of 13

Region: X Total Number of Provinces/Cities: 14 Year/Period of Measurement: 2018
 Total No. of Provs./Cities with OPT Plus Results: 13 Indigenous Groups (if any): Manobo, Talaanding, Higa-onon, Subanen
 Total No. Province: 5 City: 9 Number of Indigenous PS measured: 0-59 mos old- 62171 0-71 mos. old- 39561

Please check:

☐ Underweight Weight for Age

☒ Stunted Length/Height for Age

☐ Wasted Weight for Length/Height

	Total Number of Children																	Total Stunted Measured
Province/City	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
BUKIDNON	176523	123369	69.9%	303	226	356	258	1294	934	1447	1267	1711	1499	1714	1586	0	0	12595
CAGAYAN DE ORO CITY	119314	78295	65.6%	47	34	50	32	158	116	164	90	161	159	197	166	205	189	1768
CAMIGUIN	14771	9918	67.1%	9	6	24	14	75	59	87	77	107	83	99	99	100	71	910
EL SALVADOR CITY	8463	5228	61.8%	12	5	6	3	16	25	51	28	38	49	52	27	0	0	312
GINGOOG CITY	21633	15820	73.1%	9	11	23	22	101	103	115	127	154	93	148	114	92	67	1179
ILIGAN	59270	46405	78.3%	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LANAO DEL NORTE	117075	65563	56.0%	19	24	115	90	200	162	230	179	250	150	234	168	0	0	1821
MALAYBALAY CITY	29425	17946	61.0%	37	24	46	29	156	115	186	140	185	153	161	174	2	5	1413
MISAMIS OCCIDENTAL	52898	25773	48.7%	51	44	66	50	213	177	210	188	236	171	243	248	0	0	1897
MISAMIS ORIENTAL	127430	74743	58.7%	122	92	177	115	544	368	625	560	764	671	770	733	0	0	5541
OZAMIZ CITY	25578	11810	46.2%	3	1	12	7	37	47	67	55	58	83	65	59	0	0	494
TANGUB CITY	11310	6116	54.1%	19	15	24	21	58	58	81	80	108	75	86	73	1	0	699
VALENCIA CITY	33234	23722	71.4%	3	2	6	6	62	39	57	57	60	60	63	57	0	0	472
TOTAL	796924	504708	63.3%	634	484	905	647	2914	2203	3320	2848	3832	3246	3832	3504	400	332	29101

Prepared by: Arlie Joy O. Damiles
 Name and Signature of D/CNPC/Nutritionist/PNAO

Approved: NPC Gladys Mae S. Fernandez
 Name and Signature of Provincial Health Officer

Noted: Dir. Nimfa B. Torrizo
 Name and Signature of Governor/ PNC Chair

Date: March 27, 2019

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2012 Page 6 of 13

Region: **X** Total Number of Provinces/Cities: 14 Year/Period of Measurement: 2018
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Please check:

☐ Underweight Weight for Age

☐ Stunted Length/Height for Age

☒ Wasted Weight for Length/Height

	Total Number of Children																	Total Wasted Measured
Province/City	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
BUKIDNON	176523	123369	69.9%	144	121	157	134	355	333	425	345	373	412	309	368	0	0	3476
CAGAYAN DE ORO CITY	119314	78295	65.6%	25	29	47	26	86	49	79	46	64	58	66	55	95	43	768
CAMIGUIN	14771	9918	67.1%	16	18	13	14	37	34	39	23	40	37	27	33	14	22	367
EL SALVADOR CITY	8463	5228	61.8%	13	6	16	7	35	37	40	31	24	20	33	31	0	0	293
GINGOOG CITY	21633	15820	73.1%	10	9	10	9	28	21	22	23	17	20	15	26	24	19	253
ILIGAN	59270	46405	78.3%	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LANAO DEL NORTE	117075	65563	56.0%	20	7	61	35	110	40	138	70	82	57	67	44	0	0	731
MALAYBALAY CITY	29425	17946	61.0%	31	24	31	17	85	62	76	62	79	64	48	60	7	6	652
MISAMIS OCCIDENTAL	52898	25773	48.7%	14	19	21	17	47	63	73	58	63	59	88	61	0	0	583
MISAMIS ORIENTAL	127430	74743	58.7%	72	71	63	68	178	151	179	163	155	172	148	166	0	0	1586
OZAMIZ CITY	25578	11810	46.2%	4	3	10	5	21	15	12	17	17	11	22	8	0	0	145
TANGUB CITY	11310	6116	54.1%	11	9	12	9	27	32	28	24	20	27	26	16	0	0	241
VALENCIA CITY	33234	23722	71.4%	43	26	39	21	108	90	119	89	99	77	50	46	0	0	807
TOTAL	796924	504708	63.3%	403	342	480	362	1117	927	1230	951	1033	1014	899	914	140	90	9902

Prepared by: Arlie Joy O. Damiles
 Name and Signature of D/CNPC/Nutritionist/PNAO

Approved: NPC Gladys Mae S. Fernandez
 Name and Signature of Provincial Health Officer

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 Name and Signature of Governor/ PNC Chair

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 Total No. Province: 5 City: 9 Number of Indigenous PS measured: 0-59 mos old- 62171 0-71 mos. old- 39561

Please check: ☒ **Severely Underweight Weight for Age** ☐ **Severely Stunted Length/Height for Age** ☐ **Severely Wasted Weight for Length/Height**

	Total Number of Children																	Total SUW Measured
Province/City	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
BUKIDNON	176523	123369	69.9%	23	17	39	18	106	77	131	103	109	100	114	121	0	0	958
CAGAYAN DE ORO CITY	119314	78295	65.6%	7	11	12	3	20	21	22	14	19	19	14	18	15	26	221
CAMIGUIN	14771	9918	67.1%	0	1	1	5	14	6	14	13	16	13	10	23	4	2	122
EL SALVADOR CITY	8463	5228	61.8%	2	0	1	0	1	2	1	4	5	4	7	4	0	0	31
GINGOOG CITY	21633	15820	73.1%	1	0	6	2	9	10	11	11	4	16	11	11	4	9	105
ILIGAN	59270	46405	78.3%	8	10	10	9	25	21	25	33	22	32	22	12	17	12	258
LANAO DEL NORTE	117075	65563	56.0%	35	20	83	81	156	115	133	134	141	136	161	131	0	0	1326
MALAYBALAY CITY	29425	17946	61.0%	5	0	6	1	7	14	6	9	6	8	7	4	1	0	74
MISAMIS OCCIDENTAL	52898	25773	48.7%	1	3	8	5	23	11	24	16	30	27	18	32	0	0	198
MISAMIS ORIENTAL	127430	74743	58.7%	14	6	16	14	59	52	40	55	60	63	53	53	0	0	485
OZAMIZ CITY	25578	11810	46.2%	1	0	3	0	6	8	6	7	6	4	6	3	0	0	50
TANGUB CITY	11310	6116	54.1%	0	1	1	1	0	3	3	2	4	2	2	1	0	0	20
VALENCIA CITY	33234	23722	71.4%	0	0	5	0	7	4	4	3	0	1	1	1	0	0	26
TOTAL	796924	504708	63.3%	97	69	191	139	433	344	420	404	422	425	426	414	41	49	3874

Prepared by: Arlie Joy O. Damiles
 Name and Signature of D/CNPC/Nutritionist/PNAO

Approved: NPC Gladys Mae S. Fernandez
 Name and Signature of Provincial Health Officer

Noted: Dir. Nimfa B. Torrizo
 Name and Signature of Governor/ PNC Chair

Date: March 27, 2019

Date: March 27, 2019

Date: March 27, 2019

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2012 Page 8 of 13

Region: X Total Number of Provinces/Cities: 14 Year/Period of Measurement: 2018
 Total No. of Provs./Cities with OPT Plus Results: 13 Indigenous Groups (if any): Manobo, Talaanding, Higa-onon, Subanen
 Total No. Province: 5 City: 9 Number of Indigenous PS measured: 0-59 mos old- 62171 0-71 mos. old- 39561

Please check:

☐ Severely Underweight Weight for Age



Severely Stunted Length/Height for Age

☐ Severely Wasted Weight for Length/Height

	Total Number of Children																	Total SS Measured
Province/City	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
BUKIDNON	176523	123369	69.9%	151	114	176	130	640	470	652	512	696	543	682	570	0	0	5336
CAGAYAN DE ORO CITY	119314	78295	65.6%	19	13	26	9	45	33	45	30	31	35	50	43	29	27	435
CAMIGUIN	14771	9918	67.1%	7	3	7	3	25	22	21	13	23	20	15	22	19	10	210
EL SALVADOR CITY	8463	5228	61.8%	5	2	1	4	10	7	9	9	10	16	7	9	0	0	89
GINGOOG CITY	21633	15820	73.1%	2	5	16	10	32	35	32	26	23	24	22	19	20	13	279
ILIGAN	59270	46405	78.3%	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LANAO DEL NORTE	117075	65563	56.0%	28	29	77	61	181	187	246	176	224	178	147	138	0	0	1672
MALAYBALAY CITY	29425	17946	61.0%	15	7	29	8	57	67	52	45	58	37	43	41	3	1	463
MISAMIS OCCIDENTAL	52898	25773	48.7%	19	15	33	21	87	60	91	62	63	43	58	52	0	0	604
MISAMIS ORIENTAL	127430	74743	58.7%	43	37	78	40	205	172	171	152	191	171	212	180	0	0	1652
OZAMIZ CITY	25578	11810	46.2%	1	0	4	1	15	11	16	14	22	17	18	17	0	0	136
TANGUB CITY	11310	6116	54.1%	7	5	15	11	41	27	48	41	44	33	37	30	0	0	339
VALENCIA CITY	33234	23722	71.4%	0	0	1	0	6	5	6	6	6	2	3	5	0	0	40
TOTAL	796924	504708	63.3%	297	230	463	298	1344	1096	1389	1086	1391	1119	1294	1126	71	51	11255

Prepared by: Arlie Joy O. Damiles
 Name and Signature of D/CNPC/Nutritionist/PNAO

Approved: NPC Gladys Mae S. Fernandez
 Name and Signature of Provincial Health Officer

Noted: Dir. Nimfa B. Torrizo
 Name and Signature of Governor/ PNC Chair

Date: March 27, 2019

Date: March 27, 2019

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2012 Page 9 of 13

Region: X Total Number of Provinces/Cities: 14 Year/Period of Measurement: 2018
 Total No. of Provs./Cities with OPT Plus Results: 13 Indigenous Groups (if any): Manobo, Talaanding, Higa-onon, Subanen
 Total No. Province: 5 City: 9 Number of Indigenous PS measured: 0-59 mos old- 62171 0-71 mos. old- 39561

Please check:

☐ Severely Underweight Weight for Age

☐ Severely Stunted Length/Height for Age

☒ Severely Wasted Weight for Length/Height

	Total Number of Children																	Total SW Measured
Province/City	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
BUKIDNON	176523	123369	69.9%	150	113	108	63	233	165	226	113	207	135	178	125	0	0	1816
CAGAYAN DE ORO CITY	119314	78295	65.6%	13	20	12	13	27	19	26	17	24	17	10	7	12	12	229
CAMIGUIN	14771	9918	67.1%	7	6	2	3	8	10	8	8	7	4	5	5	2	2	77
EL SALVADOR CITY	8463	5228	61.8%	11	11	2	7	9	6	10	8	4	6	13	10	0	0	97
GINGOOG CITY	21633	15820	73.1%	7	3	1	1	6	12	13	5	5	10	10	5	5	5	88
ILIGAN	59270	46405	78.3%	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LANAO DEL NORTE	117075	65563	56.0%	24	15	24	21	34	37	27	25	33	30	28	28	0	0	326
MALAYBALAY CITY	29425	17946	61.0%	45	30	25	14	39	29	39	26	17	12	19	13	1	2	311
MISAMIS OCCIDENTAL	52898	25773	48.7%	12	9	12	13	20	14	20	26	16	14	10	22	0	0	188
MISAMIS ORIENTAL	127430	74743	58.7%	61	59	52	20	127	78	120	66	116	53	102	66	0	0	920
OZAMIZ CITY	25578	11810	46.2%	5	6	7	0	3	3	6	4	6	3	0	3	0	0	46
TANGUB CITY	11310	6116	54.1%	12	15	1	4	8	7	7	8	11	8	7	2	0	0	90
VALENCIA CITY	33234	23722	71.4%	28	21	15	11	46	31	29	29	22	16	16	13	0	0	277
TOTAL	796924	504708	63.3%	375	308	261	170	560	411	531	335	468	308	398	299	20	21	4465

Prepared by: Arlie Joy O. Damiles
 Name and Signature of D/CNPC/Nutritionist/PNAO

Approved: NPC Gladys Mae S. Fernandez
 Name and Signature of Provincial Health Officer

Noted: Dir. Nimfa B. Torrizo
 Name and Signature of Governor/ PNC Chair

Date: March 27, 2019

Date: March 27, 2019

Date: March 27, 2019

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2012 Page 10 of 13

Region: X Total Number of Provinces/Cities: 14
 Total No. of Provs./Cities with OPT Plus Results: 13
 Total No. Province: 5 City: 9

Year/Period of Measurement: 2018
 Indigenous Groups (if any): Manobo, Talaanding, Higa-onon, Subanen
 Number of Indigenous PS measured: 0-59 mos old- 62171 0-71 mos. old- 39561

Please check: ☒ **Overweight Weight for Age** ☐ **Tall Length/Height for Age** ☐ **Overweight Weight for Length/Height** ☐ **Obese Weight for Length/Height**

	Total Number of Children																	Total OW Measured
Province/City	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
BUKIDNON	176523	123369	69.9%	182	180	60	34	95	101	79	54	38	33	82	25	0	0	963
CAGAYAN DE ORO CITY	119314	78295	65.6%	43	41	9	11	24	26	12	11	9	6	16	10	12	6	236
CAMIGUIN	14771	9918	67.1%	16	9	6	6	12	13	10	8	17	8	9	11	9	8	142
EL SALVADOR CITY	8463	5228	61.8%	34	32	2	5	9	10	7	4	3	3	9	2	0	0	120
GINGOOG CITY	21633	15820	73.1%	21	13	3	5	3	5	1	1	4	1	4	0	1	1	63
ILIGAN	59270	46405	78.3%	17	25	21	11	29	20	25	8	19	12	22	12	22	13	256
LANAO DEL NORTE	117075	65563	56.0%	83	132	48	96	79	113	90	160	52	98	69	114	0	0	1134
MALAYBALAY CITY	29425	17946	61.0%	28	29	6	8	8	12	13	6	7	4	8	4	0	1	134
MISAMIS OCCIDENTAL	52898	25773	48.7%	27	16	10	11	23	23	22	17	27	17	27	20	0	0	240
MISAMIS ORIENTAL	127430	74743	58.7%	170	176	51	39	76	56	46	39	51	30	52	25	0	0	811
OZAMIZ CITY	25578	11810	46.2%	4	1	2	0	3	4	12	3	6	6	5	4	0	0	50
TANGUB CITY	11310	6116	54.1%	5	5	3	2	0	5	3	2	8	1	0	2	0	0	36
VALENCIA CITY	33234	23722	71.4%	1	1	0	0	1	1	3	0	3	1	4	0	0	0	15
TOTAL	796924	504708	63.3%	631	660	221	228	362	389	323	313	244	220	307	229	44	29	4200

Prepared by: Arlie Joy O. Damiles
 Name and Signature of D/CNPC/Nutritionist/PNAO

Approved: NPC Gladys Mae S. Fernandez
 Name and Signature of Provincial Health Officer

Noted: Dir. Nimfa B. Torrizo
 Name and Signature of Governor/ PNC Chair

Date: March 27, 2019

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Date: March 27, 2019

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2012 Page 11 of 13

Region: X Total Number of Provinces/Cities: 14
 Total No. of Provs./Cities with OPT Plus Results: 13
 Total No. Province: 5 City: 9

Year/Period of Measurement: 2018
 Indigenous Groups (if any): Manobo, Talaanding, Higa-onon, Subanen
 Number of Indigenous PS measured: 0-59 mos old- 62171 0-71 mos. old- 39561

Please check: ☒ **Overweight Weight for Age** ☒ **Tall Length/Height for Age** ☐ **Overweight Weight for Length/Height** ☐ **Obese Weight for Length/Height**

	Total Number of Children																	Total Tall Measured
Province/City	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
BUKIDNON	176523	123369	69.9%	414	436	226	197	439	429	334	317	206	204	152	171	0	0	3525
CAGAYAN DE ORO CITY	119314	78295	65.6%	110	170	62	86	91	114	83	74	29	37	9	13	6	5	889
CAMIGUIN	14771	9918	67.1%	34	33	12	20	43	39	27	31	12	7	9	4	1	1	273
EL SALVADOR CITY	8463	5228	61.8%	38	41	16	15	31	26	15	14	3	4	8	2	0	0	213
GINGOOG CITY	21633	15820	73.1%	29	24	11	11	14	18	17	14	9	3	3	1	2	0	156
ILIGAN	59270	46405	78.3%	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LANAO DEL NORTE	117075	65563	56.0%	81	79	62	57	87	103	64	104	61	45	46	35	0	0	824
MALAYBALAY CITY	29425	17946	61.0%	88	99	49	49	79	66	38	41	10	11	3	3	0	0	536
MISAMIS OCCIDENTAL	52898	25773	48.7%	30	32	36	29	38	27	42	29	11	12	18	9	0	0	313
MISAMIS ORIENTAL	127430	74743	58.7%	302	335	192	179	263	214	143	148	60	45	24	17	0	0	1922
OZAMIZ CITY	25578	11810	46.2%	17	17	7	7	13	10	11	8	5	4	0	0	0	0	99
TANGUB CITY	11310	6116	54.1%	35	30	20	21	27	34	18	15	6	7	3	0	0	0	216
VALENCIA CITY	33234	23722	71.4%	51	38	34	30	60	55	20	27	8	9	2	0	0	0	334
TOTAL	796924	504708	63.3%	1229	1334	727	701	1185	1135	812	822	420	388	277	255	9	6	9300

Prepared by: Arlie Joy O. Damiles
 Name and Signature of D/CNPC/Nutritionist/PNAO

Approved: NPC Gladys Mae S. Fernandez
 Name and Signature of Provincial Health Officer

Noted: Dir. Nimfa B. Torrizo
 Name and Signature of Governor/ PNC Chair

Date: March 27, 2019

Date: March 27, 2019

Date: March 27, 2019

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2012 Page 12 of 13

Region: X Total Number of Provinces/Cities: 14
 Total No. of Provs./Cities with OPT Plus Results: 13
 Total No. Province: 5 City: 9

Year/Period of Measurement: 2018
 Indigenous Groups (if any): Manobo, Talaanding, Higa-onon, Subanen
 Number of Indigenous PS measured: 0-59 mos old- 62171 0-71 mos. old- 39561

Please check: ☐ Overweight Weight for Age ☐ Tall Length/Height for Age ☒ Overweight Weight for Length/Height ☐ Obese Weight for Length/Height

	Total Number of Children																	Total Overweight Measured
Province/City	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
BUKIDNON	176523	123369	69.9%	291	225	143	123	198	181	199	170	225	143	199	138	0	0	2235
CAGAYAN DE ORO CITY	119314	78295	65.6%	35	38	12	23	37	53	25	35	32	26	37	42	28	43	466
CAMIGUIN	14771	9918	67.1%	24	19	5	5	20	13	13	10	11	9	19	10	16	9	183
EL SALVADOR CITY	8463	5228	61.8%	16	25	2	4	11	12	11	8	7	9	14	2	0	0	121
GINGOOG CITY	21633	15820	73.1%	12	12	9	6	6	5	5	1	4	4	4	5	5	1	79
ILIGAN	59270	46405	78.3%	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LANAO DEL NORTE	117075	65563	56.0%	13	18	27	19	57	43	56	57	62	38	51	51	0	0	492
MALAYBALAY CITY	29425	17946	61.0%	56	55	22	12	39	30	30	29	24	22	25	15	0	0	359
MISAMIS OCCIDENTAL	52898	25773	48.7%	18	21	11	11	29	22	24	24	26	18	25	23	0	0	252
MISAMIS ORIENTAL	127430	74743	58.7%	179	127	59	68	97	103	91	84	92	53	78	72	0	0	1103
OZAMIZ CITY	25578	11810	46.2%	6	3	0	3	3	3	9	6	7	7	16	4	0	0	67
TANGUB CITY	11310	6116	54.1%	25	26	13	12	14	15	19	8	11	14	15	10	0	0	182
VALENCIA CITY	33234	23722	71.4%	24	18	10	7	19	26	21	19	17	10	10	10	0	0	191
TOTAL	796924	504708	63.3%	699	587	313	293	530	506	503	451	518	353	493	382	49	53	5730

Prepared by: Arlie Joy O. Damiles
 Name and Signature of D/CNPC/Nutritionist/PNAO

Approved: NPC Gladys Mae S. Fernandez
 Name and Signature of Provincial Health Officer

Noted: Dir. Nimfa B. Torrizo
 Name and Signature of Governor/ PNC Chair

Date: March 27, 2019

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OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Revised February 2012 Page 13 of 13

Region: X Total Number of Provinces/Cities: 14 Year/Period of Measurement: 2018
 Total No. of Provs./Cities with OPT Plus Results: 13 Indigenous Groups (if any): Manobo, Talaanding, Higa-onon, Subanen
 Total No. Province: 5 City: 9 Number of Indigenous PS measured: 0-59 mos old- 62171 0-71 mos. old- 39561

Please check:

☐ Overweight Weight for Age

☐ Tall Length/Height for Age

☐ Overweight Weight for Length/Height

☒ Obese Weight for Length/Height

	Total Number of Children																	Total Obese Measured
Province/City	Estimated No. of 0-71 mos. old Preschool Children	Total No. of 0-71 mos. old PS measured	Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	
BUKIDNON	176523	123369	69.9%	280	265	101	71	128	135	133	123	152	110	148	121	0	0	1767
CAGAYAN DE ORO CITY	119314	78295	65.6%	21	15	7	7	19	20	19	6	17	15	22	14	16	4	202
CAMIGUIN	14771	9918	67.1%	13	9	1	3	7	6	8	7	13	4	11	10	11	5	108
EL SALVADOR CITY	8463	5228	61.8%	16	19	1	3	4	7	5	3	5	2	11	4	0	0	80
GINGOOG CITY	21633	15820	73.1%	11	15	1	3	3	4	3	0	7	1	4	2	1	1	56
ILIGAN	59270	46405	78.3%	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
LANAO DEL NORTE	117075	65563	56.0%	36	37	41	30	63	60	66	46	49	53	30	22	0	0	533
MALAYBALAY CITY	29425	17946	61.0%	34	38	19	5	10	23	12	8	15	3	19	7	0	1	194
MISAMIS OCCIDENTAL	52898	25773	48.7%	20	5	5	5	12	10	17	9	16	10	12	12	0	0	133
MISAMIS ORIENTAL	127430	74743	58.7%	116	113	52	30	59	49	43	36	56	35	68	32	0	0	689
OZAMIZ CITY	25578	11810	46.2%	1	2	1	0	2	3	9	1	5	6	4	6	0	0	40
TANGUB CITY	11310	6116	54.1%	15	20	5	5	4	9	9	8	11	2	7	6	0	0	101
VALENCIA CITY	33234	23722	71.4%	6	7	0	1	6	5	7	2	8	0	8	2	0	0	52
TOTAL	796924	504708	63.3%	569	545	234	163	317	331	331	249	354	241	344	238	28	11	3955

Prepared by: Arlie Joy O. Damiles
 Name and Signature of D/CNPC/Nutritionist/PNAO

Approved: NPC Gladys Mae S. Fernandez
 Name and Signature of Provincial Health Officer

Noted: Dir. Nimfa B. Torrizo
 Name and Signature of Governor/ PNC Chair

Date: March 27, 2019

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